



Developing the Next Generation of Cyclists

North East Half Term Cycle Coaching



17th & 18th April 2008

Road Skills & Race Coaching
At
Hetton le hole Country Park
Hetton le hole
Houghton Le Spring

As Used by **Hetton Hawks Go-Ride Club**

2 Days Quality Coaching
10am to 2pm daily
£10 for 2 days
Ages 7 to 16

This includes bike and helmet hire if needed, but these **MUST be booked in advance!*

For further information please contact:

Jon Bateman on 07534281263
jonbateman@britishcycling.org.uk

Please complete the form overleaf and bring it with you on the day, along with £10

You will need: Packed lunch and a drink, change of clothing and wet weather wear.



Registration and Parental Consent

I being the parent/guardian of _____ have read the information contained in this notice and hereby consent to my child taking part in the coaching sessions and understand and agree that my son/daughter participates in coaching sessions under instruction by British Cycling coaches entirely at his/her own risk. I have considered the nature of such sessions and have discussed them with my child. I am satisfied that my child is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety under the supervision of a British Cycling coach.

Signed (Parent/Guardian): _____ Date: _____

PARTICIPANT'S DETAILS:

Name: _____ Date of Birth: _____

School Year: _____ School: _____

Club: _____

Address: _____

Post Code: _____

British Cycling Membership Number (if applicable): _____

Home Tel: _____

E-mail Address: _____

EMERGENCY CONTACT DETAILS:

Name: _____

Relationship to Participant: _____

Contact Tel (inc. area code): _____

MEDICAL INFORMATION: (e.g. Asthma)

Please make a note below of any medical conditions you feel we need to know about. If you have any concerns about your child participating in any form of physical activity then please consult your GP before giving permission for your child to take part in the Go-Ride Activities.

Do you require bike or helmet hire? Bike Helmet

Please note that British Cycling may take photographs/video footage at Go-Ride Events. If you object to photographs/video footage of your child being used, please tick this box.

Please ensure that the completed form is returned to the address overleaf prior to taking part.

Hetton le hole
17th 18th Apr 08

Please make cheques payable to 'British Cycling'.



For more information, please call: 0870 871 2000

British Cycling, National Cycling Centre, Stuart Street, Manchester M11 4DQ

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